

EDUCATION

- Singapore Management University** 2021—Present
PhD in Psychology
Research interests: environmentalism and connection to nature
- National University of Singapore** 2015—2019
Bachelor of Environmental Studies (minor in Public Health)
Honours (highest distinction)

PUBLISHED ARTICLES

Yeo, L., Mah, F., Chong, E. Y., Lim, A. H., **Ng, S. T.**, & Yi, H. (2022). Does gender matter to promote mental health through community engagement among older adults?. *Aging & Mental Health*, 26(1), 186–195.

Chong, E. Y., Lim, A. H. S., Mah, F. C. Y., Yeo, L. H. W., **Ng, S. T.**, & Yi, H. (2022). Assessing the psychosocial dimensions of frailty among older adults in Singapore: a community-based cross-sectional study. *BMJ open*, 12(2), e047586.

Yi, H., **Ng, S. T.**, Farwin, A., Low, A. P. T., Chang, C. M., & Lim, J. (2021). Health equity considerations in COVID-19: Geospatial network analysis of the COVID-19 outbreak in the migrant population in Singapore. *Journal of Travel Medicine*, 28(2), taaa159.

ARTICLES UNDER REVIEW

Yi, H., **Ng, S. T.**, Chang, C. M., Low, C. X. E. (under review). Neighborhood effects on healthy longevity: The composition and context of urban park and traditional coffeeshop in Singapore.

AWARDS AND GRANTS

- SMU SOSS Postgraduate Student Research Grant**
Apr 2022—Apr 2023
- Awarded SGD\$800 for a project on ecological knowledge acquisition and pro-environmentalism.
- NUS Faculty of Science Dean's List**
2016—2018
- Awarded to the top 5% of students in each cohort for each semester.
 - Received award for four consecutive semesters.

WORK EXPERIENCE

- Research assistant**
Saw Swee Hock School of Public Health
Aug 2019—July 2021
- Research in social and environmental determinants of health, particularly in older adults and migrant workers.
 - Specific topics include social networking and loneliness, housing quality, access to facilities and health.
 - Conducted quantitative data analysis in R, co-authoring in publications.
- Roots & Shoots Intern**
Jane Goodall Institute (Singapore)
May 2017—August 2017
- Developed topical resources for Roots & Shoots, a global service-learning programme based on environmental and social issues.
 - Assisted in planning for Dr. Jane Goodall's Singapore visit, including liaison with schools, logistics planning and collateral design.
 - Managed 400 guests (invitation and registration) for a conference.

School programme instructor

Jun 2015—Aug 2019

- Facilitated leadership programmes, outdoor camps, nature trails as well as similar activities for primary and secondary school children on an ad hoc basis.
- Registered with the Ministry of Education.

Teaching Intern

Ministry of Education

Jan 2015—Mar 2015

- Planned, conducted and assisted in English and Biology lessons at Northbrooks Secondary School.
- Taught three classes totalling more than 100 students.

PROFICIENCIES

Statistical analysis: R (general linear models, structural equation models), UCINET (social network analysis)

Languages: English, Mandarin

Microsoft Office: PowerPoint, Word, Excel