# Ho Zongyou Daniel

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EDUCATION

## Singapore Management University (SMU)

Fast-Track Masters (MPhil) in Psychology

- Advisor: Dr. Kenneth Tan
- Thesis title: The (Simp)le Truth about Excessive and Obsessive Romantic Behaviors in Men
- Committee: Dr. Kenneth Tan (Chair), Dr. Norman Li, Dr. Lester Sim

### Singapore Management University (SMU)

Bachelor of Social Sciences (Magna Cum Laude), Major in Psychology Cumulative GPA: 3.76/4.00

- Placed on Dean's List (School of Social Sciences) for 3 consecutive years (AY 2019/2020, 2020/2021 & 2021/2022)
- Distinctions in Psychology Research Methods & Social Psychology

### **Catholic Junior College**

GCE 'A' Levels

• Distinction in General Paper

### **RESEARCH INTERESTS**

Social Psychology	Mate Preferences
Evolutionary Psychology	Same-sex Behaviors
Close Relationships	

### **RESEARCH EXPERIENCE**

### Singapore Management University (SMU)

Research Assistant

- Faculty worked with: Dr. Kenneth Tan (Relationship Dissolution, Romantic Receptivity) and Dr. Norman Li (Evolutionary Mismatch, Mate Preferences)
- Assisted in compilations of literature reviews, basic data collection & administration for various studies
- Assisted in testing, editing, and implementing various studies
- Assisted in content and poster preparation for APS 2021 Virtual Convention (Title: *Confidence is sexy and it can be trained: Examining male social confidence in initial, opposite-sex interactions*) (Dr. Norman Li &. Dr. Jose Yong)

### Teaching Assistant (AY2021/22 Term 1 & AY2022/23 Term 1)

- Assisted instructor with course administration (organising course materials, recording class participation)
- Undergraduate courses: PSYC209 Psychology of Close Relationships (Dr. Kenneth Tan)

### **Cognifyx Infinitum**

Psychology Research Intern

- Assisted in scale development and content creation for Cognifyx digital platforms & assessments (Brain health & cognition, Theory of Mind)
- Compiled literature reviews and participated in brainstorming sessions for research projects
- Published an article on Social Media and Depression on a local mental well-being website

### MANUSCRIPTS UNDER REVIEW

Tan, K., **Ho**, **D**., & Agnew, C. R. (under review). Relationship Status and Psychological Well-being: Initial Evidence for the Moderating Effects of Commitment Readiness. *Journal of Happiness Studies*.

### ONGOING PROJECTS

- Tan, K., Cheng, C. Y., Lai, G. J., & **Ho**, **D**. (manuscript in preparation). The Influence of Dual Self-construal Integration on Creativity in Romantic Relationships.
- Tan, K., & Ho, D., & Choy, B. K. C. (data collection & analysis). The Ostracizing Effects of Ghosting as a Romantic Dissolution Strategy.

### Aug 2021 - May 2023

Aug 2018 - May 2022

Jan 2014 - Dec 2015

May 2019 - Present

#### May – Aug 2021

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SMU Classification: Restricted

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Tan, K., Ho, D., & Li, N. P. (data analysis). Daily Humor as a Fitness Indicator in Romantic Relationships.

Yong, K. C., Choy, B. K. C., Tan, L. K. L., Chen, N. R. Y., & Ho, D. (data collection). Cross Cultural Differences in Status Signaling.

### PRESENTATIONS

Tan, K., Ho, D., & Agnew, C. R. (2022, July). Relationship Status and Psychological Well-being: The Moderating Effects of Commitment Readiness. Poster presented at 2022 International Association for Relationship Research Virtual Conference, London, UK.

## WORK EXPERIENCE & CO-CURRICULAR ACTIVITIES

## SMU Christian Fellowship (SMUCF)

Vice Chairman (Executive Committee), Growth Group Leader

- Organised and facilitated various club-level social events, annual Bible retreats and inter-school Bible Conferences
- Growth Group leader for weekly Bible-study sessions
- Group facilitator for various evangelistic outreach courses (Hope Explored, Christianity Explored)

## SMU School of Social Sciences Society (SOSCIETY)

Events Associate

• Appointed Clan Head for SMU Social Sciences Freshman Orientation Camp 2019, and managed a group of 11 facilitators to organize camp-related activities

## Chairperson – SMU SOSCIETY "After Dark"

- Managed a team of 13 directors & members to organise SMU SOSCIETY's first Varsity Music Festival Event, collaborating with other local universities (NUS, NTU, SUTD)
- Facilitated administrative discussions and sponsorship agreements with various corporate clients (Advisors Alliance Group, Sentosa Development Corporation, National Parks Board)

### SMU Peer Helpers

Associate, Peer Helpers Associate Programme

Completed courses on basic mental health awareness and support provision to students

### SAF 5th Battalion, Singapore Infantry Regiment, Motorized Infantry

Platoon Commander, Motorized Support Company

- Appointed Vehicle Commander for Battalion HQ Vehicle & assisted in leading a convoy of 4 ICVs through tactical missions (ATEC, Oct 2017)
- Organised Company Live-Firings, Vocational Obstacle Courses, and Terrex ICV Low-Load Operations
- Promoted to the rank of Lieutenant (LTA) (Oct 2017)
- On Training Officer Cadet School (OCS) Commissioned as 2nd Lieutenant (Dec 2016)
- Attained Combat Skills Badge & completed Jungle Confidence Course (Aug-Sept 2016)
- Overseas Leadership & Combat Training Exercises (Ex. Lancer, Brunei, 2016; Ex Starlight, Taiwan, 2016)

### CJC Basketball

Member, Executive Committee

• Outstanding Contribution Award for CCA

## ADDITIONAL INFORMATION

Proficient in English, limited proficiency in conversational Mandarin

• IT Skills: Proficient in SPSS, Microsoft Office (Excel, Word, PowerPoint), limited proficiency in R

## Aug 2018 - Dec 2018

### Jan 2016 – Nov 2017

Jan 2016 - Dec 2016

Jan 2019 - Jan 2020

Aug 2020 - Feb 2022