

Hu Meilan
Curriculum Vitae
School of Social Sciences
Singapore Management University
Email: meilan.hu.2024@phdps.smu.edu.sg

Education

- 2024 – 2028 **Singapore Management University**
Ph.D. (Psychology)
- 2020 – 2024 **Singapore Management University**
Bachelor of Social Sciences (Double Major in Psychology, and
Organisational Behaviour and Human Resources)

Awards

- 2024 **Dean's List for Academic Year 2023/2024**
Singapore Management University
- 2023 **Singapore Psychological Society (SPS) Student Research Award**
Undergraduate Category - 1st Runner Up

Publications

Hartanto, A., Kasturiratna, K. T. A. S., **Hu, M.**, Diong, S. F., & Lua, V. Y. Q. (2024).
Negative work-to-family spillover stress and heightened cardiovascular risk biomarkers in
midlife and older adults. *Journal of psychosomatic research*, 178, 111594.
<https://doi.org/10.1016/j.jpsychores.2024.111594>

Research Experience

- 2023 – Present **Psychology Research Assistant**
Daily Experiences, Affective Well-being and Neuropsychology Lab,
Singapore Management University
Conducting data collections
Supervisor: Assistant Prof. Andree Hartanto

Work Experience

- Fall 2023 **Teaching Assistant**
School of Social Sciences, Singapore Management University

PSYC110 Psychology Research Methods I G3

Winter 2022

Intern, Talent Acquisition & Resource Planning (TARP)

SATS PTE LTD.

Managed SATS's participation in internship programmes

Organised recruitment events such as walk-in interviews & career fairs

Designed a mock-up of SAT's career website - Canva

Fall 2022

Teaching Assistant

School of Social Sciences, Singapore Management University

PSYC204 Psychology of Reasoning and Thinking G1

COR2217 Situating the Machine: Technology, Politics, and Societies G2

Summer 2022

Human Resource Intern

Schlumberger

Led & supervised a recruiting statistics project – Excel & PowerBI

Organised & planned a HR Team Building Event

Coordinated institutions' visits to Schlumberger

Spring 2022

Teaching Assistant

School of Social Sciences, Singapore Management University

COR2217 Situating the Machine: Technology, Politics, and Societies G2

Volunteer Experience

2014 – 2022

Community Volunteer

People's Action Party

Conduct and transcribe interviews with residents

Drafting of letters to reach out to relevant parties

Fall 2021

Volunteer

SMU Caretalyst, Singapore Management University

Project Illuminate - Interacting with underprivileged children

Fall 2021

Volunteer

SMU Caretalyst, Singapore Management University

Project Ai - Interacting with people with intellectual disabilities

(PWIDs)

2017 – 2018

Committee Member

Temasek Junior College, Linh Phung Primary School

Organised fundraisers

Planned & taught Science lessons for students in Vietnam for 2 weeks