

K. T. A. Sandeeshwara Kasturiratna
Curriculum Vitae
School of Social Sciences
Singapore Management University
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Education

- 2023 – 2027
(expected) **Ph.D. (Psychology)**
Singapore Management University
- 2019 – 2023 **Bachelor of Social Science (Hons) (Psychology)**
Singapore Management University

Scholarships

- 2023 - 2027 **SMU Research Scholarship**
Singapore Management University
Covers full tuition fees and monthly stipend
- 2019 - 2023 **Prima Ceylon Scholarship**
Singapore Management University (funded by The Prima Group)
Covers 90% of tuition fees for 4 years and living allowance per semester

National and International Awards

- 2023 **Helen Chua Chin Xiang Best Senior Thesis in Psychology**
Singapore Management University
- 2022 **Dean's List for Academic Year 2021/2022**
Singapore Management University
- 2022 **Diversity Undergraduate Award**
Society for Social and Personality Psychology
- 2022 **SPS Psychathon 2022 - Gold Award**
Singapore Psychological Society
- 2017 **LitQ 2017 – 2nd Place**
Ministry of Education, Sri Lanka
- 2017 **Shakespeare Challenge Quiz – 1st Place**
Shakespeare Centre Sri Lanka
- 2017 **Next Gen Challenge 2017 – 1st Runner-up**
Association of Chartered Certified Accountants, Sri Lanka

- 2016 **National Inter-School Essay Competition – 1st Place**
Sri Lanka-China Society
- 2014 **International Assessment for Schools: English – High Distinctions / Country Topper (Sri Lanka)**
University of New South Wales, Australia
- 2010 **National English Language Competitions: Creative Writing – 1st Place**
Ministry of Education, Sri Lanka

Publications

⁺*Authors contributed equally.*

- Majeed, N. M.⁺, **Kasturiratna, K. T. A. S.⁺**, Lua, V. Y. Q., Li, M. Y., & Hartanto, A. (2023). Discrimination and cognitive failures in Singapore and the US: An investigation of between- and within-persons associations through multilevel modelling. *International Journal of Intercultural Relations*, *94*(2023), 101805. <https://doi.org/10.1016/j.ijintrel.2023.101805>
- Hartanto, A., Kaur, M., **Kasturiratna, K. T. A. S.**, Quek, F. Y. X., & Majeed, N. M. (2022). A critical examination of the effectiveness of gratitude intervention on well-being outcomes: A within-person experimental daily diary approach. *Journal of Positive Psychology*, *18*(6), 942–957. <https://doi.org/10.1080/17439760.2022.2154704>
- Hartanto, A., Wong, J., Lua, V. Y. Q., Tng, G. Y. Q., **Kasturiratna, K. T. A. S.**, & Majeed, N. M. (2022). A daily diary investigation of the fear of missing out and diminishing daily emotional well-being: The moderating role of cognitive reappraisal. *Psychological Reports*, *0*(0), 1–39. <https://doi.org/10.1177/00332941221135476>
- Hartanto, A., **Kasturiratna, K. T. A. S.**, & Soh, X. C. (2022). Cultivating positivity to achieve a resilient society: A critical narrative review from psychological perspectives. *Knowledge*, *2*(3), 443–451. <https://doi.org/10.3390/knowledge2030026>

Manuscripts under Review

- Hartanto, A., Lua, V. Y. Q., **Kasturiratna, K. T. A. S.**, Tng, G. Y. Q., Kaur, M., Quek, F. Y. X., Chia, J. L., & Majeed, N. M. (2nd revise & resubmit). The effect of mere presence of smartphone on cognitive functions: A four-level meta-analysis. *Technology, Mind & Behavior*.
- Majeed, N. M.⁺, **Kasturiratna, K. T. A. S.⁺**, Li, M. Y., Chia, J. L., Lua, V. Y. Q., & Hartanto, A. (1st revise & resubmit). Covid-19 stress and cognitive failures in daily life: A multilevel examination of within- and between-person patterns. *Journal of Pacific Rim Psychology*.
- Hartanto, A., Ngo, J. A., Ong, J. S. Y., Quek, F. Y. X., Soh, X. C., **Kasturiratna, K. T. A. S.**, & Majeed, N. M. (1st revise & resubmit). Does a 15-minute brief mindfulness breathing

exercise temporarily enhance inhibitory control and cognitive flexibility? A within-subject experimental approach. *Collabra: Psychology*.

Manuscripts in Preparation

Kasturiratna, K. T. A. S., Hartanto, A., Tong, E. M. W., Chen, C. Y. H., & Majeed, N. M. (in preparation). Systematic review of meta-analyses on cyberbullying victimization: A critical synthesis of risk factors, protective factors, consequences, and interventions.

Kasturiratna, K. T. A. S., Lua, V. Y. Q., Majeed, N. M., Tong, E. M. W., & Hartanto, A. (in preparation). Intellectual humility and daily affective reactions to uplifts and stressors: A 7-day daily diary investigation.

Kasturiratna, K. T. A. S.⁺, Wong, J.⁺, Majeed, N. M., & Hartanto, A. (in preparation). Childhood neglect, a lifetime of regret : A multilevel mediation analysis of emotional reactivity on childhood emotional neglect and depression.

Majeed, N. M.⁺, Lua, V. Y. Q.⁺, **Kasturiratna, K. T. A. S.**, & Hartanto, A. (in preparation). Revisiting the effect of stereotype threat on women's working memory capacity: Two pre-registered experiments.

Conference Posters

Wong, J., **Kasturiratna, K. T. A. S.**, Majeed, N. M., & Hartanto, A. (2023, March). *Childhood neglect, a lifetime of regret : A mediation analysis of emotional reactivity on childhood emotional neglect and depression*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology 2023.

Kasturiratna, K. T. A. S., Lua, V. Y. Q., Majeed, N. M., & Hartanto, A. (2022, December). *Intellectual humility and daily affective reactions to uplifts and stressors*. Poster presented at the 80th Annual Conference of the International Council of Psychologists.

Majeed, N. M., **Kasturiratna, K. T. A. S.**, Lua, V. Y. Q., Li, M. Y., & Hartanto, A. (2022, December). *Discrimination and cognitive failures: Examining between- and within- person associations*. Poster presented at the 80th Annual Conference of the International Council of Psychologists.

Kasturiratna, K. T. A. S., Majeed, N. M., Lua, V. Y. Q., & Hartanto, A. (2022, March). *A daily diary of uplifts, stressors and affect: The moderating effect of trait belief in a just world*. Poster presented at the annual meeting of the Society for Affective Sciences 2022.

Kasturiratna, K. T. A. S., Chia, J. L., Quek, F. Y. X., Kaur, M., Lua, V. Y. Q., Majeed, N. M., & Hartanto, A. (2022, February). *The effect of mere presence of smartphone on cognitive functions: A meta-analysis*. Poster presented at the annual meeting of the Society for Personality and Social Psychology 2022.

Work Experience

- Summer 2023 **Teaching Assistant**
School of Social Sciences, Singapore Management University
GA308 Special Topics in Asian History, Culture & Society G2
- Fall 2022 **Teaching Assistant**
School of Social Sciences, Singapore Management University
PSYC110 Psychology Research Methods I G2 & G3
- Fall 2022 **Teaching Assistant**
School of Social Sciences, Singapore Management University
IDIS010 Southeast Asia: Past and Present G2
- Summer 2022 **Psychology Research Intern**
School of Social Sciences, Singapore Management University
*Conducting data collections, screening data, cleaning and
analysing data using RStudio, manuscript writing*
Supervisor: Assistant Prof. Andree Hartanto
- Fall 2021 **Teaching Assistant**
School of Social Sciences, Singapore Management University
PSYC108 Social Psychology G2
- Spring 2016 **Research Assistant**
Faculty of Medicine, University of Kelaniya, Sri Lanka
*Transcribing and translating qualitative
interviews, managing focus group
discussions*

Co-Curricular Activities

- Summer 2021-
Present **Student Researcher**
DAWN Lab,
School of Social Sciences, Singapore Management University
- 2016-2017 **Editor**
English Literary Association
Devi Balika Vidyalaya, Colombo, Sri Lanka.
- 2014-2015 **Prefects Guild 2014/2015**
Devi Balika Vidyalaya, Colombo, Sri Lanka.
- 2013-2015 **Captain of the School Chess Team**
Devi Balika Vidyalaya, Colombo, Sri Lanka.

Volunteering Experience

- Summer 2021-
Spring 2022 **Youth Volunteer**
Fei Yue Community Services, Singapore
Content-planning, designing, administrating and executing workshops for senior citizens
- Summer 2021 **Student Tutor**
Happy Children Happy Future
Planning and executing weekly English lessons to Primary 2 mentees
- Spring 2021 **Teaching Assistant for Primary 3 & 4**
Nurture Programme
Central Development Council, Singapore
Assisting in weekly lessons on social skills for Primary 3-4 students
- Fall 2019 **Volunteer**
Institute of Mental Health, Singapore
Interacting and befriending in-patients

Skills

- **Languages**
 - English – Bilingual Proficiency
IELTS – Band Level 8.5
G.C.E. Advanced Level English Language and Literature – A
G.C.E. Ordinary Level English Language – A
 - Sinhala – Native Proficiency
G.C.E. Ordinary Level Sinhala Language – A
- Proficient in Microsoft Office
- Proficient in RStudio