

Syasya D/O Sayed Rajak

92473578

Syasyasayedrajak2811@gmail.com

EDUCATION

Singapore Management University (SMU)

Aug 2024 - Present

- PhD in Psychology

National University of Singapore (NUS)

Aug 2019 – June 2023

- Bachelor of Social Sciences (Psychology), Honors with Distinction (CAP=4.27)

Anglo-Chinese Junior College (ACJC)

Jan 2017 – Nov 2018

- Achieved 3 As in 'A' Levels for Biology, Tamil Literature and Project Work

Bukit Panjang Government High School (BPGHS)

Jan 2013 – Nov 2016

- Achieved 9 As in 'O' Levels for English, Tamil, Higher Tamil, Elementary Mathematics, Additional Mathematics, Geography, Biology, Chemistry and Physics

WORK EXPERIENCE

Innovative Events Management, Sales Executive

Dec 2018 – Aug 2019

- Contacted and liaised with clients for the Annual Dinner and Dance celebrations, arranged meetings for events company and clients to discuss about proposals and finalize details for events.
- Conceptualized and presented contracts and invoices for vendors and clients, thus easing modes of payment.
- Planned and co-ordinated events, by working closely with external vendors, causing the events to have full house, without any mishaps or technical difficulties, demonstrating trouble-shooting abilities and ability to remain calm in any situation.

Ananya Pictures Pte Ltd, Assistant Director

Jun 2020 – Aug 2020

- Conducted acting trainings and script readings with talents
- Liaised with actors on their costumes, call sheets, reporting locations and prepared call sheets for cast, crew and production team
- Calmly handled and solved unexpected hiccups during production

The Therapy Platform, Assistant Content Developer

May 2021 – Aug 2021

- Sourced for reliable content and created modules on mental health
- Presented information which are easy and engaging for the public to learn from
- Participated in clinical supervisions and stimulated therapy sessions

Halogen Foundation Singapore, Intern

Dec 2021 – Jan 2022

- Completed facilitator's training and conducted sessions as a facilitator
- Researched and proposed activities for a start-up Mental Health Initiative
- Created the Volunteer Appreciation Letter and did reviews for Personal Development Work

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Police Psychological Services Department, Intern

May 2022 – Aug 2022

- Reviewed current Leadership Development Initiatives in the Police Force and conducted interviews with police officers to gain their insights
- Researched and proposed new Leadership Development Initiatives as part of Research Project
- Created 2 infographics on Emotional Intelligence and Self-awareness and designed Leadership quotes

National University of Singapore (NUS) Care Unit, Intern

Dec 2022 – Jan 2023

- Redesigned website's crucial information into infographics
- Created infographics on Magistrate's Complaint, Immediate self-care and How to intervene safely
- Added value by optimizing the ease of access to information

Furen International School, Psychology Teacher

Sep 2023 – Aug 2024

- Teach 'A' Level Psychology by creating content (slides) for lessons
- Set and mark exam papers and monthly class tests
- Submit weekly formative intervention report

CO-CURRICULAR ACTIVITIES AND VOLUNTEER EXPERIENCES

ACJC Tamil Cultural Society, President

Jun 2017 – Jun 2018

- Identified members' strengths and delegated roles, so as to bring out the best in every member.
- Orchestrated several workshops, talks, and volunteering activities for the club and school, thus honing organizational skills and educating others on the Tamil Culture.
- Developed a rigorous rehearsal schedule which led the club to clinch 1st runners-up.

Sree Narayana Mission, Volunteer

May 2018 – Jun 2018

- Created proposals and liaised with the home, in order to make the experience fulfilling while emceeding the event and showcasing linguistic abilities
- Performed and choreographed a dance with a team of 6 members, to entertain elderly and taught them several dance steps, emphasizing the importance of keeping fit.
- Engaged in bracelet making with elderly, thus learning patience and empathy.

NUS Tamil Language Society, EXCO Member

Aug 2020 – Aug 2021

- Planned and executed an Annual sports Event (Spectra), to educate and inculcate the value of healthy living amongst youths
- In-charge of creating posters, teasers and montages as part of the publicity initiatives
- Came up with 3 contingency plans due to the sudden resurgence of COVID-19

Halogen Foundation Singapore, Volunteer

Dec 2021 – Present

- Conduct trainings for youths on an ad-hoc basis
- Led trainings on Student Leadership Challenge and Growth Mindset Workshop
- Have been lead facilitator and assistant facilitator

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Meet-the-People Session (Choa Chu Kang), Volunteer

May 2023 – Present

- Listen to residents' issues and discuss with the MP on ways to move forward
- Send emails to the relevant authorities involved to solve residents' issues

SCHOLARSHIPS AND AWARDS

- MOE Edusave Merit Bursary Award **Jan 2018**
- Anugerah Mendaki Award **Jan 2017**
- LBKM Merit Bursary Award **Aug 2021**
- SMU Research Scholarship **Aug 2024 - Present**

ADDITIONAL INFORMATION

- Languages: Fluent in English and Tamil (both spoken and written)
- IT Skills: Proficient in Microsoft Office Suite, Canva, SoundTrap, Gnowbe and Basic video editing
- Interests: Enjoys Cooking, Acting and Rapping