

Yang YingJia

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EDUCATION

Singapore Management University, Singapore **2022 – Present**

Ph.D. in Psychology

- Advisor: Dr Kenneth Tan

Nanyang Technological University, Singapore **2014 – 2018**

Bachelor of Arts in Psychology with Honours (Highest Distinction), Minor in Creative Writing

- Advisor: Dr Catherine Wan Ching
- Thesis: The fear of happiness: Exploring its antecedents and consequences on well-being

Temasek Polytechnic, Singapore **2011 – 2014**

Diploma with Merit in Psychology Studies

- Top 10% of cohort at graduation

WORK EXPERIENCE

Singapore Management University **Nov 2021 – Jul 2022**

Research Assistant, Department of Psychology

- Independently managed a study on bilingualism and child development, including coordination with stakeholders, administration of developmental assessments, supervision of undergraduate research assistants and interns, and management of funds disbursement to participants
- Assisted with data set-up on SPSS and publication write-up for other projects

Sengkang General Hospital **Jul 2018 – Oct 2021**

Executive, Service Planning & Care Integration Department

- Led and independently managed numerous health services research, with responsibilities that include: conducting literature reviews, ethics application, designing and implementing research interventions, co-conducting interviews and focus groups, qualitative and quantitative data collection and analysis, preparing reports and presentations to funders and policy makers, and project funds management
- Developed and implemented evidence-based models of care services in-hospital and in the community, in the areas of obesity prevention, mental health and caring for vulnerable populations, to improve population health in the Northeast region of Singapore
- Led the design and implementation of programme evaluation frameworks to assess the reach and effectiveness of services for target population groups

National Institute of Education **Jul – Nov 2017**

Research Assistant, Education and Cognitive Development Lab

- Involved in large scale data collection with Primary 1 children on cognitive development
- Directly interacted with children to administer various individual academic tests

Institute of Mental Health **Sep – Dec 2013**

Full-Time Intern, Early Psychosis and Intervention Programme (EPIP)

- Independently researched and developed mental health content for the Community Health Assessment Team (CHAT) website and e-booklet

- Initiated and developed datasets for analysis of department research surveys; independently maintained quality of clinical research databases through rigorous maintenance
- Co-manned the CHAT front desk, providing assistance to youths seeking help
- Provided administrative and clinical support to case managers and clinical team

Temasek Polytechnic

Jul – Aug 2013

Research Assistant, Centre for TransCultural Studies

- Formulated and developed comprehensive data analysis plan for a cross-generational workplace research
- Independently conducted quantitative analysis and organised findings for presentation
- Conceptualised and presented practical solutions for improvement in the workplace

PUBLICATIONS (PEER-REVIEWED JOURNALS)

Yang, H., Ng, W. Q., **Yang, Y.**, & Yang, S. (2022). Inconsistent media mediation and problematic smartphone use in preschoolers: Maternal conflict resolution styles as moderators. *Children*, 9, 816. <https://doi.org/10.3390/children9060816>.

CONFERENCE AND POSTER PRESENTATIONS

Jumat, K., **Yang, Y.**, Ngo, H. J., See, C. K., Yeo, G. S. H., Ng, W., Lim, X. Y., & Lee, J. M. H. (2021, April). *Reducing emergency department attendances from nursing homes in Singapore through NEWS, teleconsultation and care paths*. Poster presented at the World Hospital at Home Congress 2021 (Virtual).

Lee, J. M. H., Jumat, K., Ngo, H. J., **Yang, Y.**, See, C. K., Yeo, G. S. H., Ng, W., & Lim, X. Y. (2021, March). *Project ENHANCE – Empower Nursing Homes to improve stANDards of CarE*. Poster presented at the SingHealth Duke-NUS Quality and Innovation Day 2021, Singapore (Virtual).

Wan, C., **Yang, Y.**, & Lee, H. X. A. (2019, October). *Making sense of positive emotion: Cultural explanations of fear of happiness*. Oral presentation at the Society of Experimental Social Psychology 2019 Annual Conference, Toronto, Canada.

Yang, Y., & Wan, C. (2018, July). *The fear of happiness: Antecedent in self-construal, consequence on well-being*. Oral presentation at the 24th Congress of the International Association for Cross-Cultural Psychology 2018, Guelph, Canada.

AWARDS & ACHIEVEMENTS

SMU Post-Graduate Scholarship <i>Singapore Management University</i>	2022 – Present
SingHealth Duke-NUS Quality & Innovation Day 2021 Poster Excellence Award <i>SingHealth Duke-NUS Medical Centre</i>	2021
Best Quality Improvement Projects Award <i>Sengkang General Hospital</i>	2021
URECA Undergraduate Research Programme with Distinction <i>Nanyang Technological University</i>	2016
Nanyang Scholarship <i>Nanyang Technological University</i>	2014 – 2018
Temasek Scholarship	2011 – 2014

SKILLS AND CERTIFICATIONS

Proficient in Microsoft Office, SPSS, NVivo

Excellent proficiency in English, good proficiency in Chinese