

Jacinth J. X. TAN
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EMPLOYMENT

2026 – present	Associate Professor of Psychology School of Social Sciences, Singapore Management University
2018 – 2025	Assistant Professor of Psychology School of Social Sciences, Singapore Management University
2016 – 2018	Postdoctoral Scholar Center for Health & Community, University of California, San Francisco
2009 – 2011	Research Associate Department of Psychology, National University of Singapore

EDUCATION

2011 – 2016	PhD in Social-Personality Psychology, University of Illinois at Urbana-Champaign
2005 – 2009	Bachelor's Degree in Social Science (with Honors), Psychology, National University of Singapore

RESEARCH INTERESTS

Social class; Inequality; Health & Well-being
 Meta-analysis; Psychophysiology
 Social-Behavioral & Affective Science

ACADEMIC AWARDS

2024 – 2026	<i>Lee Kong Chian Fellowship</i> , Singapore Management University
2023 – 2028	<i>Social Science & Humanities Research Fellowship</i> , Social Science Research Council, Singapore
2018	<i>Best Poster Award</i> , Society for Affective Science Annual Meeting, USA
2016 – 2018	<i>Overseas Postdoctoral Fellowship</i> , Ministry of Education, Singapore
2014 – 2015	<i>Department Fellowship</i> , Social, Personality & Organizational Division, Department of Psychology, University of Illinois, Urbana-Champaign
2013	<i>Student Travel Award</i> , Society for Personality and Social Psychology, USA

RESEARCH GRANTS AWARDED

2023 – 2028	Ministry of Education, Social Science Research Council, Singapore. Role: Principal Investigator Unite or Divide? How Socioeconomic Diversity Shapes Cross-Class Relations. Amount awarded: SGD\$754,520.
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2021 – 2025

Spencer Foundation Small Research Grant (USA). Role: Principal Investigator

When access is not enough: How cumulative stress affects psychological well-being and persistence among socioeconomically disadvantaged university students. Amount awarded: SGD\$67,625 (USD\$50,000)

2021 – 2022

MOE AcRF Tier 1 (Singapore). Role: Principal Investigator

Meaningful work and how it impacts workplace burnout. Amount awarded: SGD\$34,390.

2019 – 2021

MOE AcRF Tier 1 (Singapore). Role: Principal Investigator

Socioeconomic disparities in well-being: The role of relational interdependence. Amount awarded: SGD\$28,760.

PUBLICATIONS

[†]Student mentee.

Tan, J. J. X., [†]Tan, G. T. H., & [†]Wee, F. A. (2025). The link between intergenerational social mobility of cohorts and individual self-rated health: A multi-country analysis. *Social Indicators Research*. Advance online: <https://doi.org/10.1007/s11205-025-03691-x>

Tan, J. J. X., West, T. V., & Mendes, W. B. (2025). Socioeconomic status shapes dyadic interactions: Examining behavioral and physiologic responses. *Psychological Science*. Advance Online: <https://doi.org/10.1177/09567976251350970>

Tan, J. J. X., & [†]Tai, A. Y. E. (2025). Perception of socioeconomic status: A meta-analysis of manipulations. *Personality and Social Psychology Bulletin*. Advance Online: <https://doi.org/10.1177/01461672241305506>

Tan, C. H., & **Tan, J. J. X.** (2024). Associations of cardiac function and arterial stiffness with white matter hyperintensities. *International Journal of Cardiology*, 407, 132037.

Tan, J. J. X., Tan, C. H., & Kraus, M. W. (2024). Subjective socioeconomic status moderates how resting heart rate variability predicts pain response. *Affective Science*, 5(2), 1–8.

Tan, C. H., & **Tan, J. J. X.** (2023). Low neighborhood deprivation buffers against hippocampal neurodegeneration, white matter hyperintensities, and poorer cognition. *GeroScience*. 45(3), 2027–2036.

[†]Tang, B. W. & **Tan, J. J. X.**, & Tov, W. (2023). Managing burnout and well-being. *Managing People across the Asia-Pacific: An organizational psychology approach*.

[†]Tang, B. W. & **Tan, J. J. X.** (2022). Perceived social class and life satisfaction: The role of class consistency and status identity uncertainty. *Asian Journal of Social Psychology*, 25(1), 60-74. (**Among top 10 most cited articles in 2022**)

Ku, C. W., Leow, S. H., Ong, L. S., Erwin, C., Ong, I., Ng., X. W., **Tan, J. J. X.**, Yap, F., Chan, J., & Loy, S. L. (2022). Development of a lifestyle intervention program to support preconception, pregnant and postnatal women who are overweight or obese: A qualitative study. *Scientific Reports*, 12(1), 1-9.

Ku, C. W., Loo, R. S. X., Lim, C. J. E., **Tan, J. J. X.**, ...Yap, F., Chan, J., & Loy, S. L. (2021). Development and validation of a lifestyle behavior tool in overweight and obese women through qualitative and quantitative approaches. *Nutrients*, 13(12), 4553.

[†]Majeed, N., **Tan, J. J. X.**, Tov, W., & Hartanto, A. (2021). Dispositional optimism as a buffer against emotional reactivity to daily stressors: A daily diary approach. *Journal of Research in Personality*, 93, 104105.

[†]Majeed, N., Hartanto, A., & **Tan, J. J. X.** (2021). Dyslexia & creativity: A meta-analysis. *Dyslexia*, 27, 187-203.
(Top downloaded article in the journal in 2021)

Tan, J. J. X., Karan, A., & Albarracín, D. (2021). Internal and social sources shape judgments about the mental and physical nature of an experience. *Psychology of consciousness: Theory, research, and practice*, 11(3), 297-310.

Yong, J. C., Hartanto, A., & **Tan, J. J. X.** (2020). Subjective social status and inflammation: The role of culture and anger control. *Health Psychology*, 40(1), 62-70.

Tan, J. J. X., Kraus, M. W., Carpenter, N. C., & Adler, N. E. (2020b). The association between objective and subjective socioeconomic standing and subjective well-being: A meta-analytic review. *Psychological Bulletin*, 46(11), 970-1020.

Tan, J. J. X., Kraus, M. W., Impett, E. A., & Keltner, D. (2020a). Partner commitment in close relationships mitigates social-class differences in subjective well-being. *Social Psychological and Personality Science*, 11(1), 16-25.

Tan, J. J. X., & Kraus, M. W. (2018). Judgments of interpersonal warmth predict class-based differences in political candidate support. *Social Cognition*, 36, 106-133.

Tan, C. H., Hyman, B. T., **Tan, J. J. X.**, Hess, C. P., ... Desikan, R. S. (2017). Polygenic hazard scores in preclinical Alzheimer's disease. *Annals of Neurology*, 82(3), 484-488.

Adler, N. E. & **Tan, J. J. X.** (2017). Tackling the health gap: The role of psychosocial processes. *International Journal of Epidemiology*, 46, 1329-1331.

Kraus, M. W., Park, J., & **Tan, J. J. X.** (2017). Signs of social class: The experience of economic inequality in everyday life. *Perspectives on Psychological Science*, 12, 422-435.

Tan, J. J. X., & *Kraus, M. W. (2015). Lay theories about social class buffer lower-class individuals against poor self-rated health and negative affect. *Personality and Social Psychology Bulletin*, 41, 446-461.

Kraus, M. W., & **Tan, J. J. X.** (2015). Americans overestimate social class mobility. *Journal of Experimental Social Psychology*, 58, 101-111.
(Among top 5 most downloaded articles in the journal)

Kraus, M. W., **Tan, J. J. X.**, & Tannenbaum, M. B. (2013). Locating the social ladder across cultures and identities. *Psychological Inquiry*, 24, 131-134. (Commentary)

Kraus, M. W., **Tan, J. J. X.**, & Tannenbaum, M. B. (2013). The social ladder: A rank-based perspective on social class. *Psychological Inquiry*, 24, 81-96. (Target Article)

Cohen, D., Kim, E., **Tan, J. J. X.**, & Winkelmes, M. (2013). A note-restructuring intervention increases students' exam scores. *College Teaching*, 61, 95-99.

Yang, Y., See, Y. H. M., Ortony, A., & **Tan, J. J. X.** (2010). Subjective effectiveness in agent-to-human negotiation: A frame x personality account. In P. McBurney, S. Parsons, I. Rahwan, & N. Maudet (Eds), *Lecture Notes in Artificial Intelligence*, 6057, 134-149, Springer-Verlag.

MANUSCRIPTS UNDER REVIEW

Tan, C. H., & **Tan, J. J. X.** (1st R&R under review). Not just anyone: The relationship between living situation and cognitive ageing is mediated by depression. *Journal of Affective Disorders*.

[†]Tan, G. T. H. & **Tan, J. J. X.** (1st R&R). Cynicism mediates the link between subjective social class and perceived social support availability. *Journal of Social and Personal Relationships*.

Tan, J. J. X., & [†]Tan, G. T.H. (under review). Stereotype-based racial recognition gaps. *Journal of Social Issues*.

[†]Tan, G. T. H. & **Tan, J. J. X.** (under review). High perceived social mobility reduces redistribution support mediated by internal attribution of the poor. *Social Psychological & Personality Science*.

MANUSCRIPTS IN PREPARATION

Tan, J. J. X., & [†]Wee, F. A. Morality at the margins: Social class shapes moral complexity.

[†]Tan, G. T. H., & **Tan, J. J. X.** Social mobility beliefs predict stereotype gaps between the poor and rich.

[†]Majeed, N., & **Tan, J. J. X.** Sorry, locals only: How identity denial shape affective experiences of minority race Singaporeans.

[†]Tang, B. W, & **Tan, J. J. X.** Dual pathways to burnout and engagement: The role of personal goal facilitation through work, self-discrepancy and emotions.

Tan, J. J. X. & Tan, C. H. Differential effects of contextual economic inequality on types of inhibitory control among lower socioeconomic status students.

SELECTED TALKS & SEMINARS

Tan, J. J. X. (2026, February). The dynamics of social class-based interactions: Insights from behaviors and physiology. *Invited panel speaker on Current Research on the Psychology of Social Class*, Inequality Preconference, Society for Personality and Social Psychology Annual Convention, Chicago, IL.

Tan, J. J. X. (2026, February). Socioeconomic status shapes dyadic interactions: Behavioral and physiologic responses. *Conference symposia talk* at the Society for Personality and Social Psychology Annual Convention, Chicago, IL.

Tan, J. J. X. (2024, June). Social class in context: When class differences hurt our well-being. *Invited talk* at the Department of Psychology, University of Hong Kong, Hong Kong.

Tan, J. J. X., & Peng, N. L. (2024, February). Socioeconomic diversity predicts differences in life satisfaction. *Conference symposia talk* at the Society for Personality and Social Psychology Annual Convention, San Diego, CA.

Tan, J. J. X. (2023, May). Socioeconomic status, social comparison, & happiness. Happiness: A multidisciplinary perspective. *Invited seminar* at the Ingolstadt School of Management, Ingolstadt, Germany.

Tan, J. J. X. (2021, November). Socioeconomic inequalities in academic motivation and persistence. Seminar on Intelligence & Singapore Society. *Invited seminar* at the Tembusu College, Yale-NUS, Singapore.

Tan, J. J. X. (2021, July). Attunement processes in class-based dyadic interaction: A physiological linkage approach. *Invited featured talk* at the 14th Asian Association of Social Psychology Biennial Conference, Seoul, Korea.

Tan, J. J. X. (2021, February). Is comparison the death of joy? How subjective social class relates to subjective well-being. *Invited talk* at the Happiness and Well-Being (Virtual) Preconference, Society for Personality and Social Psychology Annual Convention.

Tan, J. J. X., Kraus, M. W., Impett, E. A., & Keltner, D. (2019, February). Partner commitment in close relationships mitigates social-class differences in subjective well-being. *Conference symposia talk* at the Society for Personality and Social Psychology Annual Convention, Portland, OR.

Tan, J. J. X. (2018, November). Physiological linkage in cross-class dyadic interactions. *Invited talk* at the NUS Colloquium, Department of Psychology, National University of Singapore, Singapore.

Tan, J. J. X. (2017, August). The psychological experience of social class: Effects on emotions, cognition, and well-being. *Invited seminar* at the Behavioral and Affective Science Seminar, University of California, San Francisco, CA.

Tan, J. J. X., & Kraus, M. W. (2015, May). Lay theories of social class buffer lower-class individuals against negative affect and poor self-rated health. *Conference symposia talk* at the 27th Association of Psychological Science Annual Convention, New York, NY.

Tan, J. J. X. (2014, March). Perceptions of warmth predict class-based voting behavior. *Invited seminar* at the Social, Personality, and Industrial-Organizational Brownbag, University of Illinois, Urbana-Champaign, Champaign, IL.

Tan, J. J. X., & Kraus, M. W. (2013, May). Essentialist beliefs moderate the association between social class and self-rated health. *Conference symposia talk* at the 25th Association of Psychological Science Annual Convention, Washington, DC.

SELECTED CONFERENCE POSTER PRESENTATIONS

Tan, C. H. & **J. J. X. Tan** (2025, October). Not just anyone: The relationship between living situation and cognitive ageing is mediated by systolic blood pressure and depression. Society for Psychophysiological Research Annual Meeting, Montreal, Canada.

Tan, J. J. X., & Tan, C. H. (2024, October). Subjective socioeconomic status moderates how resting heart rate variability predicts pain response. Society for Psychophysiological Research Annual Meeting, Prague, Czech Republic.

Tan, J. J. X., Tan, C. H. & [†]Lim, S. X. T. (2024, February). Expressive suppression buffers against daily negative affect from academic burnout among university students: An experience sampling study. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

[†]Tan, T. H. & **Tan, J. J. X.** (2024, February). Socioeconomic status moderates how meta-perception of competence predicts self-esteem. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

Tan, C. H. & **J. J. X. Tan** (2023, October). Associations of cardiac function and arterial stiffness with white matter hyperintensities. Society for Psychophysiological Research Annual Meeting, New Orleans, LA.

[†]Wee, F. A., & **Tan, J. J. X.** (2022, February). Moral judgments in the presence of high status versus low status other. Society for Personality and Social Psychology Annual Convention, San Francisco, CA.

[†]Tai, A., [†]Wee, F. A., & **Tan, J. J. X.** (2022, February). Experimental manipulations of socioeconomic standing: A meta-analysis. Society for Personality and Social Psychology Annual Convention, San Francisco, CA. **Winner of the SPSP Undergraduate Travel Award to Present Poster at the Convention.*

[†]Majeed, N., Hartanto, A., Tov, W., & **Tan, J. J. X.** (2021, February). Optimism as a resilience factor against emotional reactivity to daily stressors. Society for Personality and Social Psychology Annual Convention, New Orleans, LA. **Runner-up for the SPSP Student Poster Award (undergraduate category).*

Tan, J. J. X., Adler, N. E., & Mendes, W. B. (2020, February). It's not what you get but how you're getting it: Source of inequality modulates emotion and behavioral response to risk. Society for Personality and Social Psychology Annual Convention, New Orleans, LA.

Tan, J. J. X., Mendes, W. B., & Adler, N. E. (2018, April). Risky decision-making under economic inequality: The role of anger and satisfaction. Annual meeting of the Society for Affective Science, Los Angeles, CA. **Received Best Poster Award, given to the top 4 posters presented at the meeting.*

Tan, J. J. X., & Kraus, M. W. (2017, January). The influence of objective and subjective social class on subjective well-being: A meta-analytic review. Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

Tan, J. J. X., & Kraus, M. W., Oveis, C., Impett, E., Kogan, A., & Keltner, D. (2015, February). Social interdependence moderates the association between social class and subjective well-being. Society for Personality and Social Psychology Annual Convention, Long Beach, CA.

Tan, J. J. X., Jones, C. R., & Albarracín, D. (2013, January). Influencing perceptions of mental vs. physical experiences. Society for Personality and Social Psychology Annual Convention, New Orleans, LA.

EDITORIAL SERVICE

Editorial Board Membership

Personality and Social Psychology Bulletin (January 2025 – present)

Emotion (January 2023 – present)

Affective Science (January 2021 – present)

Ad Hoc Reviewer: Journals

Asian Journal of Social Psychology

Basic and Applied Social Psychology

British Journal of Health Psychology

Developmental Psychology

European Journal of Social Psychology

International Journal of Psychophysiology

Journal of Cross-Cultural Psychology

Journal of Experimental Psychology: General

Journal of Experimental Social Psychology

Journal of Personality and Social Psychology

Journal of Social and Personal Relationships

Nature Human Behavior

Organizational Behavior and Human Decision Processes

Psychological Bulletin

PLoS ONE

Psychological Science

Science

Social Indicators Research

Social Psychological and Personality Science

Social Science Research

Stress & Health

Ad Hoc Reviewer: Scientific Grants

*National Science Foundation, USA
Austrian Science Fund (FWF), Austria*

TEACHING EXPERIENCE

Faculty Instructor, SMU (2018 – present)

Course	Academic Year, Term	Instructor Rating (out of 7.0)
Introduction to Psychology	AY18-19, Term 2	6.68
Health Psychology	AY19-20, Term 1	6.44
	AY20-21, Term 2	6.53
	AY21-22, Term 1 (online)	6.37
	AY22-23, Term 2	6.55
	AY23-24, Term 2	6.61
	AY24-25, Term 2	6.67
	AY25-26, Term 1	6.64
Social Psychology	AY19-20, Term 2	6.42
	AY20-21, Term 2 (online)	6.49
	AY21-22, Term 2	6.70
	AY23-24, Term 1	6.45
Group Processes & Intergroup Relations (PhD)	AY22-23, AY23-24, Term 1	-
	AY24-25, Term 2	6.00

Graduate Instructor, UIUC (2011 – 2016) *Rated excellent (at least 4.7 out of 5.0)

Course	Academic Year, Semester
Introduction to Social Psychology	Fall 2013, Spring & Fall 2014*, Fall 2015*, Spring 2016*
Social in Natural Settings	Spring & Fall 2012*
Lab Methods in Social Psychology	Fall 2011, Spring 2013*

RESEARCH STUDENT SUPERVISION

Supervised Graduate Students

Period	Student	Role, Institution	Current Position
2025–present	Nathanael Beh Chu Seng	Master's Thesis Supervisor, SMU	Master's Thesis Student, SMU
2023–present	Tan Yan Fen	PhD Supervisor, SMU	PhD Candidate
2022–present	Gregory Tan Tee Hng	PhD Supervisor, SMU	PhD Candidate
2021 – 2023	Amos Tai Yong En	Master's Thesis Supervisor, SMU	Psychologist, Ministry of Defence, Singapore
2020 – 2022	Tricia Tok Qian Hui	Master's Thesis Supervisor, SMU	Research Associate, College of Integrative Studies, SMU
2020 – 2022	Nadyanna Majeed	Master's Thesis Supervisor, SMU	PhD Student, Quantitative Psychology, NUS
2018 – 2022	Bek Wuay Tang	PhD Supervisor & Dissertation Chair, SMU	Manager, Workforce Practice, PwC Singapore

Supervised Undergraduate Students & Post-Baccalaureates

Period	Student	Role, Institution	Current Position
2025–present	Suqi Chia	Post-Bac Supervisor, SMU	Lab Manager, SMUSH Lab, SMU
2025–present	Shauna Teo	Senior Thesis Supervisor, SMU	Undergraduate Student, SMU
2021 – 2022	Benjamin Tan	Senior Thesis Supervisor, SMU	Associate, Ministry of Finance
2021 – 2022	Faith Amanda Wee	Senior Thesis Supervisor, SMU	Master's Student, Yong Loo Lin School of Medicine, NUS
2020 – 2021	Prithpal Kaur Bhullar	Senior Thesis Supervisor, SMU	Psychologist, Ministry of Defense
2019 – 2020	Jia Ming Lau	Senior Thesis Supervisor, SMU	Research Associate, Neuroimaging in Neuropsychiatric Disorders Lab, NUS
2019 – 2020	Emerlyn Ng	Senior Thesis Supervisor, SMU	Marketing Researcher, YouGov
2018 – 2019	Nicholas Fendinger	Summer Internship Supervisor, UCSF	PhD Student, Social Psychology, New York University
2018 – 2019	Rina Imari Horii	Summer Internship Supervisor, UCSF	PhD Student, Social Psychology, University of Minnesota
2017 – 2019	Erin Nakahara	Research Supervisor, UCSF	Clinical Research Coordinator, Center for Health & Community, UCSF

PROFESSIONAL AFFILIATIONS AND SERVICE

Professional Service - SMU

School Level

Dean's Evaluation Committee, Member (2025 – present)
 Undergraduate Mentorship Programme, Organizer and Faculty Mentor (2025 – present)
 Assistant Professor in Sociology (Tenure Track) Search Committee, Member (2025)
 Social Science Careers Committee, Member (2022 – present)
 Pathways to Social Mobility Committee, Member (2022 – present)
 PPS Scholarship Interview (2021)
 PPS and PLE Undergraduate Admissions Interview (2019 – present)
 Learning Journey & Sample Teaching (2019 – present)
 Assistant Professor in Psychology (Education) Search Committee, Member (2019)

University Level

Faculty & Graduate Teaching Forum, Microteaching Reviewer (2022 – 2024)
 Institutional Review Board Member (2020 – 2021)
 Health Economics and Management Interdisciplinary Curriculum Committee (2019 – present)

Professional Service - External

Stress Measurement Network, UCSF and the National Institute of Aging USA, Contributor (2025)
 Ministry of Social and Family Development, Singapore, Children & Young Persons Homes Review Board Member (2025 – present)
 Nitto Denko, Consultant (2025 – present)

Asian Association of Social Psychology, Executive Committee Member, Representative-at-Large (2025 – present)
 The Bone Marrow Donor Programme, Singapore, Consultant (2023 – present)
 Asian Association of Social Psychology Summer School Mentor (2021)
 Society for Personality and Social Psychology Convention: Single Presenter Review Committee (2019)

Professional Affiliations

Member of Society for Psychophysiology Research (2023 – present)
 Member of Asian Association of Social Psychology (2020 – present)
 Member of Society for Affective Science (2015 – present)
 Member of Association for Psychological Science (2012 – present)
 Member of Society for Personality and Social Psychology (2011 – present)

PUBLIC WRITING, PRESS OR MEDIA MENTIONS

PsyPost (2025) - *Lower social class individuals show greater physiological attunement during interactions.*
 SMU City Perspectives (2025) – *Burnout and how to avoid it.*
 SMU Asian Management Insights (2025) – *Social mobility: What we haven't talked about.*
 SMU Office of Research (2023) – *Understanding social class divide in Singapore.*
 Channel News Asia (2021) – *Teachers who complain about burnout are not bad teachers.*
 Yale News (2020) – *Money can't buy love. But happiness? Maybe.*
 TODAY Online (2020) – *Can Money Buy Happiness? Depends on How a Person Sees their Social Standing.*
 Association for Psychological Science News (2017) – *Strangers Can Detect Social Class in Just Seven Words.*
 UCSF News Center (2017) – *Multi-Gene Test Predicts Alzheimer's Better than APOE E4 Alone.*
 New York Times (2015) – *American Dream? Or Mirage?*
 Pacific Standard (2015) – *Americans Overestimate Class Mobility.*
 UIUC Psychology Times (2015) – *Social Class is Not in My Genes.*