

Adalia Goh Yin Hui
Curriculum Vitae
School of Social Sciences
Singapore Management University
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Education

2025 – Present	Singapore Management University Doctor of Philosophy (PhD) in Psychology
2023 – 2025	Singapore Management University Fast-Track MPhil (Psychology)
2020 – 2024	Singapore Management University Bachelor of Social Science (Psychology)

Awards and Scholarships

2025 – 2026	Presidential Doctorial Fellowship Singapore Management University
2025 – Present	SMU Research Scholarship, PhD in Psychology Singapore Management University
2024 – 2025	SMU Research Scholarship (MPhil), Fast-Track MPhil in Psychology Singapore Management University
2022 – 2023	Dean's List, AY 2022/2023 Singapore Management University

Research Grants

2025 – 2026	SOSS PGR Student Research Grant (SG\$563) Singapore Management University
2024 – 2025	SOSS PGR Student Research Grant (SG\$500) Singapore Management University

Publications

- Hartanto., A., **Goh, A. Y. H.**, Hu, M., Tong, M. W. E. (In Press). Social Expectancies to be Constantly Available and Productive as Antecedents and Consequences of Burnout: A Longitudinal Bidirectional Investigation. *Motivation and Emotion*.
- Hung, J. W., Hartanto, A., **Goh, A. Y. H.**, Eun, Z. K. Y., Kasturiratna, K. T. A. S., Lee, Z. X., & Majeed, N. M. (2025). The Efficacy of Incorporating Artificial Intelligence (AI) Chatbots in Brief Gratitude and Self-Affirmation Interventions: Evidence from Two Exploratory Experiments. *Computers in Human Behavior: Artificial Humans*, 100151. <https://doi.org/10.1016/j.chbah.2025.100151>
- Hartanto, A., Kasturiratna, K. T. A. S., Kothari, M., **Goh, A. Y. H.**, Quek, F. Y. X., & Majeed, N. M. (2025). Investigating the effect of full and partial social media abstinence on fear of missing out and well-being outcomes: A daily diary experimental approach. *Psychology of Popular Media*. <https://doi.org/10.1037/ppm0000583>
- Goh, A. Y. H.**, Hartanto, A., Kasturiratna, K. T. A. S., & Majeed, N. M. (2025). No Consistent Evidence for Between- and Within-Person Associations Between Objective Social Media Screen Time and Body Image Dissatisfaction: Insights From a Daily Diary Study. *Social Media + Society*, 11(1), 20563051251313855. <https://doi.org/10.1177/20563051251313855>
- Chen, N. R. Y., Majeed, N. M., **Goh, A. Y. H.**, Koh, P. S., Chia, J. L., & Hartanto, A. (2024). Dispositional optimism, sleep, and trait affective mediators: A latent variable approach. *Personality and Individual Differences*, 230, 112801. <https://doi.org/10.1016/j.paid.2024.112801>
- Tan, G. X. D., Soh, X. C., Hartanto, A., **Goh, A. Y. H.**, Majeed, N. M. (2023). Prevalence of Anxiety in College and University Students: An Umbrella Review, *Journal of Affective Disorders Reports*, <https://doi.org/10.1016/j.jadr.2023.100658>
- Goh, A. Y. H.**, Chia, S. M., Majeed, N. M., Chen, N. R., & Hartanto, A. (2023). Untangling the additive and multiplicative relations between natural scenery exposure and human–animal interaction on affective well-being: Evidence from daily diary studies. *Sustainability*, 15(4), 2910. <https://doi.org/10.3390/su15042910>

Research and Work Experience

May 2023 – **Sport Psychology Intern**
Aug 2023 Singapore Sport Institute Group, SportSG

Observing and assisting Sport Psychologists for competitions, trainings and major games, Attending and conducting professional development presentations and workshops, study design and IRB

2021 – Present

Psychology Research Assistant

Daily Experiences, Affective Well-being and Neuropsychology Lab,
Singapore Management University

*Conducting data collections, manuscript writing, screening data,
cleaning and analysing data using RStudio*

Supervisor: Assistant Prof. Andree Hartanto

Professional Affiliations and Services

Ad-hoc Reviewer for Peer-Reviewed Journals

- *PLOS ONE*
- *Heliyon*
- *JMIR Formative Research*

Skills

Data Analysis and Programming (RStudio, SPSS, JASP, Mplus, Qualtrics)

Microsoft Office (Excel, PowerPoint, Word)

Adobe Creative Suite (Photoshop, Illustrator, Xd, Premiere Pro)